

What you can do ?

Declare yourself as World Wellness Organization.

- Give your personal commitment to yourself, Change always starts from personal example.
- Live a life of wellness as service and love with quality.
- Resolve to encourage, promote wellness products and services.
- Live a life, showering love on everyone around you and be willing to be showered by others.
- Indulge in empowering, encouraging, enriching acknowledging for their being, doing and having.
- Promote wellness to all people around you.
- Organize wellness Programmes in your locality, town or city.
- Promote wellness through Schools, Collages, Societies, Clubs & Organizations.
- Be a spokesperson of World Wellness Organization and talk about values of wellness living.

- Contribute your time, energy and skills to enhance the content and quality of the Wellness Programmes.
- Enlighten your passion to serve humanity.
- Share your Passion, Action, to empower others.
- Visualize that you have already created the world of wellness, speak and share on about World of Wellness.
- Create ideas on wellness, think wellness, speak wellness and act wellness.
- Every thought and every act on wellness will make a difference to create the World of Wellness.
- Visit **wwo.me** and sign up yourself as a Wellness Warrior



World Wellness Organization

wwo.me